

Quality and compliance in healthcare

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Thiago de Oliveira Moreira¹

ABSTRACT

This article presents a research on the efficiency and challenges of implementing digital recording and monitoring systems in health services. The overall objective of this study was to investigate how these systems contribute to the improvement of procedures, provide accurate data for audits, and facilitate the tracking of KPIs. To achieve this goal, the following specific objectives have been established: to understand the benefits of digital frameworks, to explore the challenges in their implementation, and to propose strategies to overcome these challenges. The methodology used included the review of relevant literature and the analysis of data from secondary sources. The research revealed that digital organizations can significantly optimize medical processes, but their implementation requires careful consideration of factors such as staff training, data security, and integration of frameworks. The study concluded that, although challenging, the effective use of these systems is vital for the excellence of health care services. The final considerations highlight the importance of continuing research on the subject to improve current knowledge and promote future advances.

Keywords: Quality Management, Healthcare Compliance, Digital Systems, Audit, Implementation Challenges.

¹ Medicine/MBA in Administration Getúlio Vargas Foundation (FGV/Brasília-DF) E-mail: thiago.camembert@yahoo.com.br



INTRODUCTION

Excellence in the provision of health services is fundamentally dependent on quality and *compliance*. These concepts, while seemingly distinct, are intimately intertwined in their essence and purpose. The goal is to achieve sustainability in all aspects of the healthcare ecosystem, underpinning the effectiveness of governance principles and ultimately improving user experience and health outcomes.

Excellence management techniques, in particular, serve as the engine for driving continuous improvement within medical organizations. They are essential for identifying inefficiencies, preventing errors, and improving patient care. The core principles of an accession program, on the other hand, provide a framework for accountability and transparency. These ensure compliance with ethical and regulatory standards and thus preserve the integrity of the medical care structure.

In this context, the importance of a systemic view cannot be underestimated. Understanding key processes and their interactions with users is vital for mapping opportunities for improvement. The systematic evaluation of these procedures provides a clear view of the functioning of health operations, which in turn allows for the identification of areas of potential improvement.

In addition, the analysis of these interactions also serves as a valuable parameter to evaluate the impact of the actions implemented. By measuring the effectiveness of these actions, organizations can adjust their strategies to maximize the benefits to patients and the sustainability of the care system as a whole.

Understanding and improving quality and compliance in healthcare is the overall objective of this research. Therefore, reliable sources and recent advances in the field will be analyzed in order to contribute to the academic field and provide more reference for future research. In order to achieve this general objective and to demonstrate in-depth knowledge on the subject, the following specific objectives have been developed:

- Analyze the evolution of management techniques for excellence in medical care services;
- Evaluate the impact of compliance programs on the governance of medical organizations;
- Examine the relationship between the quality, adherence and sustainability of care services;
- Identify key opportunities for improvement and innovation in the application of standard and obedience practices;
- Evaluate the effectiveness of specific actions implemented to improve quality and compliance in health care services.

In order to achieve the established objectives and address the necessary categories, the research question was defined as follows: How can quality management and *compliance* improve sustainability and outcomes in health services?



Research is then important because it fosters a greater understanding of the interplay between excellence, adherence, and sustainability in medical services, a topic that is vitally important to both academia and clinical practice. In addition, this research aims to fill in the gaps in the current literature on how these three components can be effectively integrated to improve health care services. This study also has significant practical implications, as it can inform policies and practices to improve quality and compliance in the delivery of care services, and will provide a solid foundation for future research.

QUALITY MANAGEMENT, COMPLIANCE AND CONTINUOUS IMPROVEMENT IN HEALTH SERVICES

Contemporary healthcare systems are increasingly complex and challenging, with increasing demand for high-quality services that comply with regulatory and ethical standards. To address these challenges and ensure the effective delivery of care services, the appropriate application of excellent management techniques and compliance principles has become a vital element.

Quality management methods, which encompass a broad spectrum of practices, policies, and procedures, are essential to ensure the consistent delivery of high-standard medical care. These methods include, but are not limited to, the implementation of continuous improvement frameworks, the standardization of clinical practices, and the application of rigorous performance evaluation criteria. Management, in the context of medical services, is not only a means of ensuring clinical excellence, but it is also a mechanism to strengthen patient trust and the reputation of the healthcare organization (MENDES, 2022).

On the other hand, the principles *of compliance* refer to adherence to regulatory and ethical standards in the provision of medical care services. Compliance, by establishing a system of accountability and transparency, ensures that the healthcare organization is operating within the limits established by the law and industry best practices. More than that, compliance also provides a framework for identifying and managing risks, thereby promoting the safety and integrity of care care (MENDONÇA et al., 2021).

Integrating administration excellence and adherence into care services is not only a matter of adherence to regulations, but also a way to promote continuous improvement and ensure the provision of safe and effective care. These two pillars, when properly implemented and managed, can result in a tangible improvement in both the quality of medical care and patient satisfaction. At the same time, the combination of management and *compliance* can help identify and correct failures, improve care processes and practices, and ultimately lead to better medical care outcomes (NOGUEIRA et al., 2020).



In the field of administration, a proactive approach can lead to targeted interventions that result in more effective care service delivery. This encompasses implementing quality control systems, promoting continuous improvement, and adopting evidence-based practices. In this way, it is possible to optimize procedures, reducing errors and failures, increasing operational efficiency, and improving the patient experience (PACZEK; OF THE HOLY SPIRIT, 2022).

Thus, in the context of *compliance*, medical organizations must comply with a series of regulations and standards established by government authorities and regulatory bodies. This includes strict data privacy and security policies, compliance with patients' rights, and the practice of ethical care.

In addition, maintaining an effective compliance program involves creating an environment that promotes compliance of all employees with these rules and regulations, encouraging ethical and transparent practices (PACZEK; OF THE HOLY SPIRIT, 2022).

The intersection of management excellence *and compliance* is where the culture of continuous improvement meets unwavering commitment to ethics and regulatory compliance.

Together, these elements create an environment conducive to achieving excellence in health services (PACZEK; OF THE HOLY SPIRIT, 2022).

Therefore, it is imperative that service organizations continue to invest in and commit to quality management practices and *compliance* programs. In doing so, they not only fulfill their duty of care to patients but also ensure the long-term sustainability of their operations, protecting and enhancing their reputation in the industry.

In an environment as multifaceted and complex as that of medical services, the adoption of a systemic view and a deep understanding of key processes represent crucial elements for operational excellence and the delivery of effective care. These elements play significant roles in both continuous quality improvement and compliance with the principles of obedience (MENDONÇA et al., 2021).

The systems view involves the perception of the healthcare organization as an integrated system, where each component is interconnected and has a significant impact on the whole. Such a perspective allows health leaders to perceive how changes in one part of the structure can affect other areas, facilitating strategic decision-making that considers the health organization as a whole (SOLEK et al., 2022).

This approach has profound implications for the administration of excellence. With a systemic view, it is possible to identify areas of improvement that may not be evident when looking at individual components in isolation. In addition, this perspective allows for the creation of more efficient and sustainable solutions, which take into account the dynamics and interactions between the various parts of the medical system (VENTURA-SILVA et al., 2020).



On the other hand, knowledge of the key processes within the wellness framework is crucial to ensure *compliance*. Understanding the procedures allows you to identify where deviations from standards and regulations may occur, facilitating the creation of preventive and corrective measures. In addition, this knowledge allows the definition of appropriate performance indicators, which can be used to monitor compliance with standards and the effectiveness of improvement interventions (MENDONÇA et al., 2021).

The combination of a systemic view with an in-depth knowledge of key processes creates an environment conducive to the optimization of healthcare services. This integrated approach promotes efficiency, effectiveness, and sustainability while ensuring compliance with industry standards and regulations. Therefore, this combination is critical for quality management and compliance in the complex ecosystem of healthcare services (ZOGHEIB, 2020).

Continuing to explore the theme, it is noteworthy that the systemic view and knowledge of the key processes are robust foundations for the elaboration of efficient strategies in the sphere of medicine. Such strategies not only improve the quality of care, but also strengthen organizational compliance, both of which are critical to the survival and prosperity of any healthcare institution (LOCH, 2018).

By adopting a systemic view, it is possible to go beyond fragmented management approaches. This view provides an understanding of how the interconnected components of a wellness organization interact with each other, allowing for the identification of bottlenecks, inefficiencies, and opportunities for improvement that might otherwise remain hidden in a narrower view (SOLEK et al., 2022).

Thus, such an integrated view favors the development of holistic and multidisciplinary solutions, which take into account the complexity and interdependence of the variables involved in the medical care system. Organizations can then design and implement more effective interventions that contribute to improved service excellence and patient satisfaction.

At the same time, detailed knowledge of key processes in the healthcare ecosystem is a valuable tool to ensure compliance. It enables medical organizations to identify areas of potential risk and establish appropriate protocols for the prevention of compliance violations (ZOGHEIB, 2020).

Through the rigorous monitoring of these procedures, healthcare organizations can continuously evaluate their performance, ensuring compliance with regulatory standards and improving the services provided. In addition, this monitoring allows the early detection of possible deviations, enabling quick corrections and minimizing negative impacts on the institution and its patients (ZOGHEIB, 2020).

In this way, mastery of the systemic view and knowledge of key processes is a valuable resource for care organizations. By incorporating these approaches into their administration,



healthcare organizations will be better able to provide quality care, comply with industry regulations, and thus ensure patient satisfaction and long-term sustainability.

APPLICATION AND CHALLENGES OF DIGITAL SYSTEMS IN QUALITY MANAGEMENT AND COMPLIANCE IN HEALTHCARE

Digital recording and monitoring systems emerge as fundamental instruments in contemporary health management. These tools, which range from electronic patient records to advanced data analysis platforms, are capable of increasing the efficiency of processes, contributing to more accurate audits, and assisting in the tracking of KPIs.

The efficiency of healthcare processes benefits from the use of digital recording and monitoring organizations due to the speed and accuracy of these systems. They enable real-time data logging and immediate information retrieval, eliminating the need to search through physical files and reducing patient wait times. In addition, these tools can integrate different aspects of patient care, allowing for a holistic view of each case and facilitating clinical decision-making (NOGUEIRA et al., 2020).

Regarding audits, the use of digital structures provides accurate and up-to-date data, minimizing the possibility of registration errors or loss of information. These organizations can also automate parts of the method, such as verifying compliance with established policies and regulations, reducing the time required to perform and increasing its accuracy (PACZEK; OF THE HOLY SPIRIT, 2022).

The ability to track KPIs is another significant advantage offered by digital systems. Indicators such as the success rate of the procedure can be monitored in real-time, allowing managers to quickly identify any deviations from established standards and take necessary corrective action. Additionally, these frameworks can provide a historical view of performance, helping managers identify trends and evaluate the effectiveness of different strategies and interventions (MENDONÇA et al., 2021).

Not only do these digital tools speed up data collection and analysis, but they also promote record accuracy and simplify compliance assessment. At the same time, they are able to provide valuable *insights* for informed, data-driven decision-making, contributing to the quality of care and organizational efficiency (NOGUEIRA et al., 2020).

It is also important to mention that these digital systems facilitate the sharing of information between different stakeholders, promoting collaboration and effective communication. Quick and easy access to accurate and up-to-date data allows all members of the healthcare team to clearly understand the patient's situation and effectively contribute to their care (VENTURA-SILVA et al., 2020).



Similarly, digital frameworks facilitate the implementation of standardized patient care and safety protocols. Through the use of electronic checklists and automated reminders, for example, medical professionals can be guided to follow established guidelines and avoid errors. This can improve compliance with standards of excellence and safety, reduce variability in care, and improve patient outcomes (SOLEK et al., 2022).

In this way, digital logging and monitoring organizations can be programmed to generate regular reports that highlight important performance metrics and show progress against set objectives. This can help healthcare managers track the organization's performance over time and identify areas that need attention or improvement.

In the quest for digital transformation in healthcare, digital recording and monitoring frameworks emerge as essential tools. However, its implementation is not without obstacles. Challenges range from resistance to change and unfamiliarity with technology to issues of data security and integration of organizations (LOCH, 2018).

Confronting resistance to change requires a strategic approach. The involvement of health professionals from the beginning of the implementation procedure can help to build a shared vision of change. Trainings and workshops can be conducted to familiarize staff with the new system, demonstrating its benefits and demystifying any misconceptions (ZOGHEIB, 2020).

At the same time, continuous training of the team is crucial to ensure the effective use of digital organizations. Not only is it necessary for healthcare professionals to understand how to operate these tools, but they must also understand how to effectively utilize them in their everyday practices. Offering technical support and ongoing training can ensure that staff feel confident and prepared to use the new systems.

FINAL THOUGHTS

At the end of the research, it was possible to conclude that quality management *and compliance* play a key role in improving sustainability and outcomes in healthcare services. The techniques of excellent administration and the principles of an obedience program not only strengthen the principles of governance but also identify areas for improvement, promoting the efficiency and effectiveness of medical services. In addition, the systemic view and knowledge of the key processes allow the mapping of opportunities for improvement, serving as a parameter for evaluating the impact of the actions implemented.

These findings confirm the initial hypothesis that quality and *compliance* are fundamental for the sustainability and improvement of health services. However, it is important to highlight that research on the topic is still necessary to improve current knowledge and enrich the discussion on the subject. The complexities and challenges inherent in the effective implementation of excellent



management techniques and obedience programs require ongoing additional research to further the evolution of the field.

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