

Bioproduct with plastic digester potential. The teaching of environmental ethics by the project SAPB-LIPAT/UFRJ & UNIFASE-FMP



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ABSTRACT

This chapter traces the historical trajectory of teaching via the hidden curriculum of bioethics, plant biotechnology, phytotherapy and homeopathy through the partnership between the university center UNIFASE-FMP and the Environmental Health, Parasitology, Bioethics Project of the Immunoparasitology and Toxicological Analysis Laboratory of the Faculty of Pharmacy at UFRJ. Through scientific initiation activities, rational skills were developed for thinking aimed at solving sustainability problems with raw plant extracts and ultra-diluted and energized solutions. In parallel, the development of cultural competence and competence in environmental ethics. Actions in primary health care via health education and health promotion were carried out. As a result of scientific initiation investigations, bioproducts showed potential as resources for sustainability, especially one of them with very promising plastic digester potential. We declare that there are no conflicts of interest. This path of innovative teaching focused on environmental ethics at graduation and Medical Residency is in line with the new code of medical ethics and the concept of environmental health. This gathering of concepts and practices represents an advance in contemporary science, integrating knowledge and knowledge, towards complexity.

Keywords: Bioethics of Interethnic and Intercultural Clinic, Plant Biotechnology, Homeopathy, Phytotherapy, Hidden Curriculum.

1 INTRODUCTION

After scientific research on the biotechnological and adaptogenic potential of *Euphorbia tirucalli* (Aveloz; Cassioneira, Stick fire) by the Graduate Program in Plant Biotechnology of the Federal University of Rio de Janeiro (UFRJ - VARRICCHIO et al., 2008 – Chart 1).

Chart 1: Academic scientific production that preceded scientific initiation trials with undergraduate and graduate students.

Authors	Thematic	Publication Available at:
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VARRICCHIO, M.C.B.N. ; SILVA, S. OF; GOMES, N. B. N.; KUSTER, R. M.; LAGE, C. L. S.	<i>THE USE OF <i>Euphorbia tirucalli</i> (AVELOZ) IN TRADITIONAL MEDICINE AND THE SCIENTIFIC EVIDENCE.</i>	Journal of Biology and Pharmacy - BIOFAR/UEPB. Paraíba: PB, ISSN 1983-4209 - Volume 03 – Number 01- p77 – 2008.
VARRICCHIO, M.C.B.N.; SILVA, S.; HOLANDINO, C.; LAGE, C.L.S.; KUSTER, R.M.; CASTELO-BRANCO, MTL.	<i>CHROMATOGRAPHIC ANALYSIS OF AVELOZ LATEX AND THE RISKS OF NON-STANDARDIZED PLANT EXTRACTS.</i>	Revista Arquivos FOG - Revista de Apoio à UNIFASE-FMP, Petrópolis, RJ: 5(2): 113-136 Oct. 2008a.
VARRICCHIO, M.C.B.N.; ORMELEZ, E.G.; SILVA, S. DA; SATO, A.; HENRIQUES, A.B.; LAGE, C.L.S.	<i><i>Euphorbia tirucalli</i>: QUALITATIVE ANALYSIS OF PLANT DEVELOPMENT DURING IN VITRO CULTIVATION.</i>	Journal of Biology and Pharmacy - BIOFAR/UEPB. Paraíba: PB, ISSN 1983-4209 - Volume 03 – Number 01- p1-13 – 2008b.
VARRICCHIO, M.C.B.N.; ORMELEZ, E.G.; MOREIRA, C.B.; SILVA, S. DA; KUSTER, R. M.; LAGE, C.L.S.	<i>IN VITRO CULTIVATION OF <i>Euphorbia tirucalli</i> (AVELOZ), EVALUATION OF THE CHEMICAL CONSTITUTION OF LATEX, UNDER DIFFERENT CULTIVATION CONDITIONS, AND LARVICIDAL AND JUVENILIZING ACTIVITY TEST IN AEDES AEGYPTI.</i>	Journal of Biology and Pharmacy - BIOFAR/UEPB. Paraíba: PB, ISSN 1983-4209 - Volume 02 – Number 1- p1-14 – 2008c.
VARRICCHIO, M. C. B. N.; SALES, F.; SILVA, S.; KUSTER, R. M.; PYRRHO, A. S.; CASTELO, B. M. L. T.	<i>CHRONIC TOXICOLOGICAL EFFECTS OF CRUDE LATEX FROM <i>Euphorbia tirucalli</i> L. (AVELOZ) ON LIVER AND SPLEEN WEIGHT ACCORDING TO TRADITIONAL USE: A PRELIMINARY STUDY.</i>	Journal of Biology and Pharmacy - BIOFAR/UEPB, Paraíba: PB, ISSN 1983-4209. V.2, n.2, p.6-11, 2008d.

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VARRICCHIO, M.C.B.N; SOUZA, C.; SILVA, S. DA; MALFACINI, S. DA S.; NAGAMATSU, D.; KUSTER, R.M.; CASTELO-BRANCO, M.T.L.	<i>INSECTICIDAL AND JUVENILIZING ACTIVITY TEST OF THE ULTRADILUTED SOLUTION OF THE ETHANOLIC EXTRACT AND THE TOTAL AQUEOUS EXTRACT OF THE STEM OF <i>Euphorbia tirucalli</i> (AVELOZ) IN A LARVAL MODEL OF <i>Aedes aegypti</i>.</i>	Revista Arquivos FOG - Revista de Apóio à UNIFASE-FMP, Petrópolis, RJ: 6(1): 61-67, Mar. 2009a.
VARRICCHIO, M.C.B.N; SILVA, S. DA; VARRICCHIO, M.T.	<i>Euphorbia tirucalli: CLINICAL RESIZING AND CONTRIBUTION TO UNDERGRADUATE AND GRADUATE STUDIES AFTER RESEARCH IN PLANT BIOTECHNOLOGY.</i>	Journal of Biology and Pharmacy - BioFar/UEPB. Paraíba: PB, ISSN 1983- 4209 - Volume 03 – Number 1 - p71-80 - 2009b.
VARRICCHIO, M.C.B.N.	I HOMEOPATHY: Biotechnological Potential of the Adaptogenic-Similar Effect to Secondary Prevention and Research on Metabolic Disorders and Host Defense Mechanisms – E-BOOK , Technology in Research series. 54p. 2010.	Project Website SAPB- LIPAT/FF/DAC/UFRJ
VARRICCHIO, M.C.B.N; SILVA, S. DA; VARRICCHIO, M.T.	<i>QUANTUM IDENTITY: HEALTH, ENVIRONMENT and PHILOSOPHY. Environmental Awareness versus the Law of Similarity: The Ecological Quantum Subject.</i>	Journal of Biology and Pharmacy – BioFar/UEPB. Paraíba: PB, ISSN 1983- 4209. 2010a.
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Due to its traditional use, a feedback project in Collective Health was carried out for ethnic groups in urban situations in the city of Rio de Janeiro together with the Environmental Health, Parasitology, Bioethics Project of the Immunoparasitology Laboratory of the Faculty of Pharmacy of

UFRJ and the professor of the discipline Traditional Knowledge and Associated Rights of the National Institute of Industrial Property (VARRICCHIO et al., 2019), deepened, and a project was developed to develop cultural and environmental ethical competence for health professionals and also for undergraduate and Medical Residency students at UNIFASE-FMP, a work presented to the Brazilian Association of Medical Education (MACHADO/Duigó-TUKANO et al., 2019;).

Activities in Health Education (secondary, primary prevention and promotion of quality of life) included the ethnic leaders of indigenous, black and gypsy knowledge present in the municipality of Rio de Janeiro, in a transdisciplinary partnership, with the purpose of multiplying their traditional ethnic communities (VARRICCHIO et al., 2019).

Subsequently, an outpatient service was provided with a volunteer medical team for the exercise of clinical bioethics, based on the Clinical Bioethics of the Interethnic and Intercultural Clinic (Resolution 510/2016 CFM), in the Homeopathy Service of the 7th Infirmary of the General Hospital of Santa Casa da Misericórdia do Rio de Janeiro, an outpatient clinic open to teaching for undergraduate students and medical residencies (in general) and in Homeopathy of the Gaffrée Guinle University Hospital, by spontaneous demand (MUSMANNO et al., 2022; 2023).

Therefore, over the course of 20 years in which notions of Phytotherapy, Pharmacobotany, Ethnomedicine and Bioethics of interethnic and intercultural clinic were introduced at UNIFASE-FMP to undergraduates, residents, health professionals and related areas through Philosophical Café, extension courses and scientific initiation work (VARRICCHIO et al., 2019; MACHADO/Duigó-TUKANO et al., 2019; 2023).

Through didactic activities carried out for medical students and other faculties in our university center, the following were carried out: Workshops and pre-Scientific Weeks courses (2003; 2005; 2008; 2010); Extension Courses in Brazilian and Anthropological Phytotherapy; Pharmacobotany and Immunology from the Cultural Center of UNIFASE-FMP (2014); Round Tables on Scientific Seminars (2007; 2008; 2009; 2011; 2017) on Phytotherapy and Ethnicities; Classes on anamnesis focused on ethnicities and refugees in undergraduate medical studies (2017; 2018); Extension Course to the Petropolitan community on Spirituality in Quality of Life, with Cia do Riso (2018), a Bioethics discipline that teaches Environmental/Spiritual Health, Clinical Bioethics and Environmental Ethics in UNIFASE-FMP Residencies (2017 onwards); Extra Quantum Philosophical Café, with workshops from plants to human and animal health with cultivation techniques; Classes of multiethnic chiefs and shamans (2010 and 2017), ethnomedical gypsy (2018) and representatives of black knowledge (2019) at UNIFASE-FMP and at the Homeopathy Service of the 7th Infirmary of the General Hospital of Santa Casa da Misericórdia; Extra Quantum Philosophical Coffee in partnership with Profa. Yara Brito in the Medicinal Plants Sector of the Botanical Garden of Rio de Janeiro (JBRJ): What is a Plant? (2019) (*In* VARRICCHIO & LAGE, 2020).

There was the creation of didactic-pedagogical material (<https://sites.google.com/view/lipat/sapb>) and the creation of an online communication channel to ethnic communities (also accessible to the general public), through the Environmental Health, Parasitology, Bioethics Project: Project SAPB – LIPAT/FF/DAC/UFRJ (2016 onwards) (In VARRICCHIO & LAGE, 2020).

The implementation on our campus of diversified activities related to the various aspects related to Phytotherapy and Biotechnology represents the practice of the notion of care, wealth, respect for diversity, corresponding to the innovative educational practice aimed at sustainability, whose cultural competence developed in the students, made them capable of developing empathy for Brazilian ethnicities and other peoples located in our country in conditions of vulnerability and risk (MUSMANNO et al., 2023).

Through this transdisciplinary trajectory, going from assistance to research, with teaching in Phytotherapy (prioritizing Brazilian plants), pharmacobotany, geopharmacognosy, ethnomedicine (MUSMANNO et al., 2022; 2023), we arrived at the practice of bioethics of interethnic and intercultural clinic, based on KOTTOW (2011), we believe we have contributed to raising awareness of the theme of biodiversity, promoted education for sustainability in this institutional partnership. We would like to express our special thanks to the Cultural Center of UNIFASE-FMP (FREIRE SOUZA SILVA et al., 2023).

2 OBJECTIVES

- Trace the historical course of teaching themes related to Plant Biotechnology via hidden curriculum for immediate application in society, through actions in Primary Health Care;
- List the bioproducts obtained from trials and their main potential applications to sustainability.

3 METHODOLOGY

Literature review study.

4 RESULTS

Clinical and pathophysiological evidence investigated (APOLINÁRIO et al., 2000) traced the historical path in basic research in plant biotechnology (VARRICCHIO et al., 2006; 2008; AQUINO et al., 2008) determining the consequences for population health and environmental health (; VARRICCHIO et al., 2008,a,b).

In this way, the approach of clinical training students to research with crude plant extracts in a multi and interdisciplinary perspective was initiated, with only the concern of access to scientific



training associated with clinical vision, without concern with patents, with free publication of the records obtained because there were no conflicts of interest, of a financial nature (VARRICCHIO et al., 2009).

As a result of this scientific evidence, the space for reflection on philosophy of science was inaugurated, bringing together the three major areas of science, thus promoting the encounter with traditional Brazilian and foreign knowledge, addressing complexity, then called the Quantum Philosophical Café (CFQ) held at the UNIFASE-FMP Cultural Center from 2008 onwards (MACHADO/Duigó-TUKANO et al., 2019).

Part of the information on clinical experience in Homeopathy, a medical specialty, with authorization from Research Ethics Committees (REC) was published (VARRICCHIO, 2010 – Chart 1; ANDRADE et al., 2022) aiming at future investigations by the Homeopathy Service when new PSC authorization will be obtained.

From all the results obtained, we move on to the analysis, review and reflection of this model of frontier science, this time, seeking conceptual aspects in philosophy for the deepening of the study (VARRICCHIO et al., 2010), and also from the dissemination of homeopathic philosophy as a contribution to the promotion of values in society, so disoriented, paragraph 9 of the Organon of the Art of Healing as health promotion (ALMEIDA SILVA et al., 2022).

Around 2005, the World Health Organization (WHO) expanded the concept of health. The notion of Environmental Health necessarily includes the perception of Diversity and Sustainability. Therefore, based on the National Curriculum Guidelines for Higher Education – Medical (DCN 2014), the New Code of Medical Ethics (2018) and activities of the CFQ/Centro Cultural UNIFASE-FMP since 2008, we obtained as developments the hybrid teaching via Hidden Curriculum (MACHADO/Duigó-TUKANO et al., 2019): of Ethnobotany, transculturality and interculturality (OLIVEIRA et al. 2019); scientific initiation research on natural products, plant extracts and Homeopathy (HANSEL – MARTINS et al., 2022, a) and environmental ethics (FREIRE SOUZA SILVA et al., 2023).

The investigation of the Brazilian legal protection of traditional knowledge and ethno-knowledge in the aspects of Diversity, Sustainability and Ethnodevelopment by the BPTO, understanding Knowledge as a good in itself (PATEL et al., 2018; VARRICCHIO & LAGE, 2020).

Feedback activities in Bioethics and Secondary Prevention - SAPB-LIPAT Project Actions such as the teaching of Environmental Ethics to health professionals by the Medical Residency Program of UNIFASE-FMP; to the members of the LAFFH UNIFASE-FMP and to those of the SAPB-LIPAT/UFRJ PROJECT, also to the components of the HOMEOPATHY SERVICE of the 7th Infirmary of the Santa Casa da Misericórdia General Hospital (BELLIZZI et al., 2022; a, b).



Hybrid teaching activities via hidden curriculum of these themes in urgent demand needed to be expanded, with the creation of journals to support the SAPB-LIPAT Project since 2017: INFOSAPB, SEIVA and, finally, VITAE (2020 – to support Homeopathy) for the development of themes in depth, aiming to increase the technique of their scientific writings.

Thus, the subsequent submission to peer review in scientific weeks, congresses, events, and other journals was valued: This process of knowledge synthesis strengthened everyone involved, and this innovative teaching practice culminated in the positive evaluation by the World Organization for Intellectual Protection/WIPO, receiving prominence (VARRICCHIO et al., 2022).

Other Innovative Teaching Practices were (GASPAR et al., 2022; 2023):

Art therapy with the seeds studied in the Service as shown in Figures 1a,b:



Source: HOMEOPATHY SERVICE – 7th Infirmary of HGSCM-RJ (2020; 2021, a; 2022).

Semiology Extension Event with homeopathic listening to the uniqueness of individuals, collectives and groups evidenced by their narratives (Figure 2):

Source: VARRICCHIO & LAGE (2020).



Multi, inter and transdisciplinary feedback meeting with professionals from different regions of Brazil:



Source: VITAE Magazine supported by the SAPB-LIPAT/FF/UFRJ Project.

5 DISCUSSION

For the present reflection, it is necessary to make clear the definitions and concepts in health, so that the evolution of the professional path in teaching, primary health care, culminating in the potential in research, becomes clear to undergraduate and graduate students.

6 PRIMARY HEALTH CARE

Primary Health Care (PHC) is the first level of health care and is characterized by a set of health actions, at the individual and collective levels, which encompasses health promotion and protection, disease prevention, diagnosis, treatment, rehabilitation, harm reduction and health maintenance with the objective of developing comprehensive care that positively impacts the health situation of communities (<https://www.gov.br/8ompo/en-us/8o-mposition/saps/what-is-primary-care>). It is a large umbrella that encompasses the other concepts in health.

Collective *health is* a field of theoretical and practical knowledge whose objective is to promote the health of populations. It is a multidisciplinary area of knowledge built at the interface of knowledge produced by the biomedical sciences and the social sciences.

Among others, it aims to investigate the determinants of the social production of diseases in order to plan the organization of health services. The professional can develop proposals for policies and actions aimed at promoting public health, and work in teaching and academic research, as reflected by Natália Gonçalves et al. (2019), Maryana Mendes (2022), and Maryana Mendes et al. (2022a).



One of her areas of professional expertise is Health Promotion – study and development of policies and strategies that favor health promotion (<http://www.juventudect.fiocruz.br/saude-coletiva>). Based on this, events and work were carried out by undergraduate students at UNIFASE-FMP (LAFFH, 2021; BELLIZZI et al., 2023; WENDLING DA SILVA et al., 2023; CAZUMBÁ et al., 2023).

Environmental Health, on the other hand, is all those aspects of human health, including quality of life, which are determined by physical, chemical, biological, social, and psychological factors in the environment (ANDRADE et al., 2022).

Strategic Actions in Environmental Health to Reduce Risks to Human Health implemented:

- Educational and social mobilization activities for public policies (BORSATO et al., 2021; WASIM et al., 2022; VACITE et al., 2023).
- Controlling the quality of water for human consumption (KATHAR et al., 2023)

Environmental education is the processes through which the individual and the community build social values, knowledge, skills, attitudes, and competencies aimed at the conservation of the environment, a good for the common use of the people, essential to a healthy quality of life and its sustainability (GASPAR et al., 2022).

6.1 NATURAL PRODUCTS, HOMEOPATHY AND PRIMARY HEALTH CARE

A natural product is a chemical compound or substance produced by a living being – found in nature and which usually has biological or pharmacological activity that can be used in the discovery or design of pharmaceuticals. These compounds provide the source or inspiration for new drugs. They can be of various origins: marine, vegetable, etc (BELLIZZI et al., 2022).

6.2 PLANT BIOTECHNOLOGY AND BIOPRODUCTS

Other jobs obtained from natural products (mineral, vegetable, and marine) useful to society and sustainability (DELAUNAY et al. 2023).

6.3 PHYTOTHERAPY

Use of Medicinal Plants with Brazilian anthropological roots (GASPAR et al., 2022).

6.4 HOMEOPATHY

Samuel Hahnemann (1810) rescued the concepts of healing paths from Hippocrates: Contrary cures contrary (Enantiopathy), Equals cures equals (Isopathy), Likecures like (Homeopathy). This type of study requires in-depth knowledge of Toxicology and Drug Properties. The four Pillars of Homeopathy are: Law of Similar; Minimum Doses; Single Medicine; Experimentation on the Healthy Man (VARRICCHIO, 2010).



Regarding Innovative Research Methodologies to Understand Homeopathy: In Basic Research we highlight the contributions of Bellavite & Signorini (1997), Khuda-Bukhsh (2002/2003), Garcia et al. (2010) and other basic researchers cited (*In SAREMBAUD & POITEVIN. ELSEVIER, 2011*). In Clinical Research, it is recommended to read Professor Marcus Zulian Teixeira (2018; 2021; 2023).

Returning to homeopathic semiology, the differentiated and valuable contribution of homeopathic anamnesis imprints the character of inserting qualitative information in a modalized (singularized) way, thus collaborating to avoid error and mistreatment; also for not sharing information on a network with people who are not health professionals. This homeopathic anamnesis can be discussed with dentists and veterinarians in its format and in its correlation with homeopathic pathophysiology. It can also dialogue with psychology, nursing, nutrology, among others.

It reaffirms medical ethics and the ethics of homeopathic medicine, in line with the code of professional ethics/CFM.

In the clinical part, the students also learned the semiological and pathophysiological evaluation of the constitutions and patterns of illness (identifiable by the narratives): anguish (Psora); to boast by showing, in truth, what is lacking (Sycose); fake news and hate speech, destructive and perverse inverting meanings (Syphillis). This semiotic view detects the expression of what the patients were unable to circumvent, solve, or elaborate on their own, and the homeopathic interrogation is pertinent to the singularities of human suffering and to environmental (epigenetic) causalities. Let's remember that a doctor can ask whatever is necessary to help someone with problems.

In this sense, the contribution of neuroscience is potent, which brings scientific evidence as to the pattern of conduct (pattern evidences the constancy of repetition of something) being determined and, in turn, determining, the continuity of the release of neurosecretions and other substances in the body, a fact that in the long term is capable of determining well-being and longevity with quality of life or, more often than not, the reverse. The study of miasms, or inherited or acquired patterns of illness, had already established the psychoneuroimmunoendocrine profile associated with biotyping for at least two centuries (HAHNEMANN, 1810 *apud* PUSTIGLIONE & CARILLO, 1997; CARILLO JR., 1997; 2000; PUSTIGLIONE et al., 2017).

As a culmination, the students came into contact with a clinical research authorized by CEP carried out in a university hospital by a professor of pulmonologist and phthisiologist from UFRJ, a member of our professional team, who used all these homeopathic concepts and also applied a Quality of Life protocol validated from the clinical observation study carried out by Professor (MSC) Ezemar Marques de ANDRADE et al., 2002, republished in 2022.



6.5 PRIMARY HEALTH CARE (PHC): HOW DID WE DO IT IN OUR PLACES?

The philosophical principles of the SUS (Universalization, Equity, Comprehensiveness, Regionality, Decentralization, Popular Participation/Contribution) were observed;

It aligned itself with Hahnemannian homeopathic philosophical principles;

Scientific studies on plant species whose anthropological roots are Brazilian were associated with Brazilian ethnic worldviews.

Think global, act local (WHO, 2005)

6.6 RESEARCH FOR SUSTAINABILITY AND SCIENTIFIC INITIATION

We observe nature through the natural (raw) resources of Brazilian biodiversity, especially those widely used by peoples and ethnicities, thus studying its mechanisms.

We use ultra-diluted solutions and dynamized by the Hahnemannian method as adaptogens - similes (PANOSSIAN et al., 2009) aiming at the recovery of elements from the kingdoms existing in nature.

6.6.1 Products Generated

6.6.1.1 Technical-Cultural Products

► Revisiting the Ethnic Cultural Project – Garden Space of All Places. **Cultural and Environmental Educational Video** (PROVE-MEPPSO, SAPB-LIPAT, LAFFH-UNIFASE at the 7th Infirmary of Santa Casa RJ). Link available at: <https://sites.google.com/view/lipat/sapb?authuser=0#h.wyxxyzwtrzxa>

► **Work with the students who stood out the most in national and international territory:**

- Presentation of Cia do Riso in the Spirituality and Quality of Life Extension Course (COUTINHO CRUZ FILHO, Fernando et al., 2018 *In* VARRICCHIO & LAGE, 2020).

- Ethnobotany: History of the Pomegranate on the planet (VARRICCHIO et al. 2019).

- Dressings with plants and cultural/regional diversity: (OLIVEIRA, L. L. Plantas cicatrizantes do Saber Negro. 2021).

- Dressings with *Calendula officinalis* versus Homeopathic Semiology and Pathophysiology (HANSEL-MARTINS et al. *In* GIRI 2022).

There was a demand in this troubled period due to climate change, earthquakes and wars for these works produced by students of different nationalities and origins to be presented and recorded in other languages, as a humanitarian gesture revealing developed cultural competence (FREIRE SOUZA SILVA, 2023), and these educational videos are available at the XV Event of the SAPB-LIPAT/FF/DAC/UFRJ Project invites: Homeopathy Service of the 7th Infirmary of HGSCM-RJ &



Brazilian Federation of Homeopathy for IV Intergenerational, Intercultural and Interethnic Meeting of Humanities (October, 2023).

Finally, at the invitation of the Teaching Coordination of the Faculty of Pharmacy, this entire historical path of research in plant biotechnology focused on primary health care in diversity and cutting-edge research methodologies for sustainability was presented in a hybrid conference during a national event promoted by the Estácio de Sá University – National Health Week (VARRICCHIO, 2023).

With everything within our reach of knowledge and implementation carried out and disseminated to the vulnerable populations with whom we had contact, we turned to the development of rigor in basic research for students.

6.6.2 Bioproducts

From a presentation by a geologist, and in accordance with the New Code of Medical Ethics, emphasis was proposed in the preparation of students for the relevant issue of bioproducts in the face of the biodiversity existing in Brazil and its simple, easy and effective applicability to vulnerable populations under conditions of environmental racism, regional degradation and food shortage, the following products were generated:

- ▶ **1 E-book Ethnobotany:** (OLIVEIRA et al., 2019).
- ▶ 1 review article on endocrine disruptors and the evidence in the scientific literature on mental disorders (HANSEL-MARTINS et al., 2023).
- ▶ **1 book chapter on the potential antifungal activity of natural products,** which in addition to showing distinct quantum effects in assays with light fluences from those with ultradiluted solutions and dynamized by the Hahnemanian method (GASPAR et al., 2023).
- ▶ **1 publication** on the cultivation of cowpea (DELAUNAY DE SOUZA et al., 2023, a).
- ▶ 3 publications on potential plastic digester (FREIRE SOUZA SILVA et al., 2019; DELAUNAY DE SOUZA et al., 2023, a).

With the extensive plastic contamination in water, soil and air, compromising human health and non-rational animals, we will continue in this line of research on solid waste digesters, including different types of plastics, thus guiding our undergraduate and graduate students.

7 DISCUSSION

- ▶ Both research methodologies with crude plant extracts and ultra-diluted and dynamized solutions do not require patent applications or sophisticated techniques (DUTRA, 2012; VARRICCHIO & LAGE, 2020);



- ▶ Belong to traditional (and regional) knowledge – HOMEOPATHY SERVICE 2020; 2021, a, 2022; HANSEL – MARTINS et al., 2023; OLIVEIRA et al, 2023; VACITE et al., 2023).

All of this offers a lot of agility as a means to:

- ▶ **Achieve** the Sustainable Development Goals (PATEL et al., 2018; MUSMANNO et al., 2022),
- ▶ **Mitigate** chronic and neglected diseases (BENTES LOPES, 2019; ALMEIDA et al., 2022; DE SOUZA et al., 2023; GOMES et al., 2023, a; CARRUPT et al., 2023; GOMES et al., 2023; CAZUMBÁ et al., 2023)
- ▶ Confront the contemporary situations installed or pressing: pandemic, socio-environmental climate accidents and wars (WASIM et al., 2019; 2021; 2022; CAZUMBÁ et al., 2023a).

Therefore, educational, primary care and scientific initiation movements naturally converged towards the sustainable development goals. What are they? Remember.

7.1 SUSTAINABLE DEVELOPMENT GOALS

01 – Poverty Eradication: End poverty in all its forms, everywhere.

02 – Zero Hunger and Sustainable Agriculture: End hunger, achieve food security and improved nutrition, and promote sustainable agriculture.

03 – Health and well-being: ensuring healthy lives and promoting well-being for all, at all ages.

04 – Quality education: ensure inclusive, equitable and quality education, and promote lifelong learning opportunities for all.

05 – Gender equality: achieving gender equality and empowering all women and girls.

06 – Clean water and sanitation: ensure availability and sustainable management of water and sanitation for all.

07 – Affordable and clean energy: ensuring access to affordable, reliable, sustainable and renewable energy for all.

Decent work and economic growth: promote sustained, inclusive and sustainable economic growth, full and productive employment, and decent work for all.

Industry, innovation and infrastructure: building resilient infrastructure, promoting inclusive and sustainable industrialization, and fostering innovation.

10 – Reducing inequalities: reducing inequalities within and between countries.

Sustainable cities and communities: making cities and human settlements inclusive, safe, resilient and sustainable.



12 – Responsible consumption and production: ensuring sustainable production and consumption patterns.

13 – Action against global climate change: take urgent action to combat climate change and its impacts.

14 – Life below water: conservation and sustainable use of the oceans, seas, and marine resources for sustainable development.

Life on land: protecting, restoring and promoting the sustainable use of terrestrial ecosystems, sustainably managing forests, combating desertification, halting and reversing land degradation and halting biodiversity loss.

Peace, justice and strong institutions: promote peaceful and inclusive societies for sustainable development, provide access to justice for all, and build effective, accountable and inclusive institutions at all levels.

Partnerships and Means of Implementation: Strengthen the means of implementation and revitalize the global partnership for sustainable development.

In this way, we can see that initiatives in intersectoral and interinstitutional partnership for research in plant biotechnology applied to primary health care have covered most of the sustainable development goals (VARRICCHIO, 2023)

8 CONCLUSION

Based on the National Curriculum Guidelines (2014), on the foundation of teaching via the hidden curriculum (the one that is not part of the official curriculum and is sought by a defined group of students) and on the New Code of Medical Ethics, we have developed over many years the teaching of Homeopathy, Phytotherapy, Bioethics in Research, Clinical Bioethics of Interethnic and Intercultural Clinic and the Medical Residency Program, the teaching of Environmental Ethics.

We highlight the protagonism of the students since then, in addition to the continuation in intercultural, interdisciplinary, intersectoral and interinstitutional activities that denotes: the development of skills, the maturation in dealing with human resources and, consequently, the natural leadership profile with management potential in health systems.



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