

## Perception of the newly graduated nurse in nursing care during the COVID-19 pandemic: Report of experience



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### ABSTRACT

Upon being hit by the Covid-19 pandemic, and in view of the evolution of the clinical spectrum caused by the new Coronavirus, the world was faced with different challenges: development of vaccines, medications, mechanical respirators and interfaces for ventilatory therapies. At the end of December 2019, in the province of Wuhan, China, health authorities identified a set of cases of pneumonia of unknown etiology, with rapid worsening and highly transmissible. After analysis of swab samples collected from patients, the causative agent was identified as a new type of coronavirus named SARS-CoV-2 with an infectious characteristic, manifesting itself with a relevant impact on the health of the population. Also known as the new SARS-CoV2 viral syndrome, COVID manifests itself in the human body at different levels of severity. It varies between asymptomatic, mild or severe cases, and mainly affects the lower respiratory tract.

**Keywords:** Covid-19, Nursing assistance, Graduation.

## 1 INTRODUCTION

Upon being hit by the Covid-19 pandemic, and in view of the evolution of the clinical spectrum caused by the new Coronavirus, the world was faced with different challenges: development of vaccines, medications, mechanical respirators and interfaces for ventilatory therapies. At the end of December 2019, in the province of Wuhan, China, health authorities identified a set of cases of pneumonia of unknown etiology, with rapid worsening and highly transmissible. After analysis of swab samples collected from patients, the causative agent was identified as a new type of coronavirus named SARS-CoV-2 with an infectious characteristic, manifesting itself with a relevant impact on the health of the population. Also known as the new SARS-CoV2 viral syndrome, COVID manifests itself in the human body at different levels of severity. It varies between asymptomatic, mild or severe cases, and mainly affects the lower respiratory tract. The clinical spectrum of SARS-CoV2, in most cases, presents itself as mild symptoms of gradual evolution, whose most evident manifestations are: dry cough,



recurrent hyperthermia and respiratory discomfort, which may or may not be associated with episodes of runny nose and nasal congestion. In view of this scenario, this article aims to report the professional experience as a recent graduate in nursing care in the Covid-19 ward.

## 2 WORK DEVELOPMENT

The motivation for exposing this peculiar experience of mine made me organize my report into three important moments: 1st Welcoming, Integration and adaptation of routine: moment prepared by the nursing management core with the purpose of integration and knowledge of work flows and processes of the nurse in their medullary and multidisciplinary activities. This step provided approximation and communication between the professional categories active in assisting Covid-19 patients. 2nd Training: newly graduated nurses are offered training in the various thematic segments of greater application and routine in the service: gowning and undressing, biosafety measures, SARS, notification forms; blood gas collection. 3rd Assuming the scale: a very challenging stage in the face of very dynamic and peculiar shifts of patients with a Covid-19 profile, but with important clinical scenarios of significant learning.

## 3 RESULTS

Faced with this opportunity, I was able to immeasurably develop different cognitive, psychomotor, and communication skills for the development and reach of important skills worked on in my academic and scientific training, positioning myself to develop as a more technically prepared and humanized professional to exercise with excellence, ethics and professionalism to nursing care.

## 4 FINAL CONSIDERATIONS

In this sense, it is concluded that the opportunity of the first job in a reference hospital that values welcoming and multidisciplinary integration makes an impactful difference for the initial progress of the newly graduated nurse, in the eagerness for cognitive and practical improvement and for the search for an ethical, humanized and competent professional.