



Teaching work: Its impacts on the health of Portuguese Language and Mathematics teachers of the 9th grade of Elementary School in the State Education Network in the municipality of Palmas/TO

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ABSTRACT

The study aims to discuss the guiding problem of the research Teaching Work and Health, and has as its outcome to analyze and identify the main causes of teacher leave, due to health problems. In view of this, the following problem arises: What educational losses in the learning of Portuguese Language and Mathematics caused by the absence of teachers in 2 (two) schools of the state education network of Palmas - TO? With the objective of analyzing whether or not there are educational losses in the learning of Portuguese Language and Mathematics in 9th grade classes of elementary school, caused by the absence of teachers due to illness in the teaching practice in two schools of the state education network of Palmas, Tocantins, in the year 2025. What are the most common pathologies among teachers in this network? The focus of this study is to know the main causes of illness among teachers? What are the consequences for the teaching of Portuguese language and mathematics, caused by the absence of the respective teachers on leave due to illness? The study is based on qualitative research, bibliography and documentary analysis. The Project is justified insofar as it aims to meet the line of research Line 2: Methods and techniques of teaching and learning in basic education. Evidencing that each time the expression has been used to designate "the permanent effects of a negative nature that affect the teacher's personality as a result of the psychological conditions that the teaching work entails", thus producing a degenerative cycle of teaching effectiveness. Our proposal is to create didactic and instructional material. This document will serve as referential technical support for basic education professionals.

Keywords: Teaching work, Impact on health, Illness, Education.

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