

Situational diagnosis performed in FHS 303

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ABSTRACT

The Family Health Strategy (FHS) is crucial to expand health coverage. This study, carried out during the second period of the Medicine course at the University Center of Goiatuba, analyzed the Family Health Strategy - 303, in Goiatuba, through the situational diagnosis, which evaluates the health conditions of a population, allowing us to know the challenges experienced in that place and to plan strategic actions for possible improvements. Goiatuba, in Goiás, has 13 Family Health Units to serve 35,664 inhabitants. Data from the health unit were collected and analyzed, including interviews with the preceptor and nurses, as well as site visits. There was a prevalence of cases of hypertension, diabetes and schizophrenia, as well as structural weaknesses such as the lack of a vaccination room, a preventive room, problems in the dental office and the absence of a complete team of collaborators. These factors hinder service efficiency and quality of care. Pamphlets were distributed and an awareness campaign on healthy lifestyle was carried out, encouraging healthy eating, physical exercise, and structural improvements in the unit were suggested, such as implementing psychological counseling. The research highlighted the importance of situational diagnosis to understand the reality of local health and implement more effective actions, aiming to serve the entire population.

Keywords: Situational diagnosis, Family Health Strategy, Basic Health Unit.

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